

December Preschool and All Aboard Breakfast Menu
Serving ages 3-4

Monday	Tuesday	Wednesday	Thursday	Friday
6 Egg, Cheese & Turkey Sausage Breakfast Burrito (1M, 1.5 G, 1 pkg) Juicy Mandarin Oranges (½ C) 1% Unflavored Milk (1 C)	7 Fluffy Banana Muffin (1G, 1pkg) Sweet Diced Peaches (½ C) 1% Unflavored Milk (1 C)	8 Turkey Sausage Breakfast Pizza (1M, 1.5 G, 1 pkg) Fresh Apple (1 each) 1% Unflavored Milk (1 C)	9 Cinnamon Toast Crunch Cereal (1G, 1pkg) Unsweetened Applesauce (½ C) 1% Unflavored Milk (1 C)	10 Colby Cheese Omelet w/ Toast (2M, 1 G) Fresh Banana (1 each) 1% Unflavored Milk (1 C)
13 Turkey Sausage Patty w/ Biscuit and Jelly (1M, 2G) Fresh Apple (1 each) 1% Unflavored Milk (1 C)	14 Rice Chex Cereal (1 G) Mixed Tropical Fruit (½ C) 1% Unflavored Milk (1 C)	15 French Toast (2G, 1.25M) Maple Syrup Juicy Mandarin Oranges (½ C) Maple Syrup Cup 1% Unflavored Milk (1 C)	16 Scrambled Eggs w/ Biscuit (2M, 2G) Jelly Fresh Banana (1 each) 1% Unflavored Milk (1 C)	17 Mini Cinnamon Cream Cheese Bagels (2G, 1 pkg) Mixed Tropical Fruit (½ C) 1% Unflavored Milk (1 C)
20 Blueberry Muffin (1G, 1Pkg) 1% Unflavored Milk (1 C)	21 Cinnamon Toast Crunch Cereal (1G, 1Pkg) 1% Unflavored Milk (1 C)	22 Banana Slice (1G, 1Pkg) 1% Unflavored Milk (1 C)	23 Chex (1G, 1Pkg) 1% Unflavored Milk (1 C)	24 No Program Happy Holidays!
27 Banana Muffin (1G, 1Pkg) 1% Unflavored Milk (1 C)	28 Frosted Mini Wheats (1G, 1Pkg) 1% Unflavored Milk (1 C)	29 Blueberry Muffin (1G, 1Pkg) 1% Unflavored Milk (1 C)	30 Cinnamon Chex (1G, 1Pkg) 1% Unflavored Milk (1 C)	31 No Program Happy Holidays!

**December Preschool and All Aboard Lunch Menu
Serving Ages 3-4**

Monday	Tuesday	Wednesday	Thursday	Friday
6 Grilled Cheeseburger (2M, 2G) Seasoned Potato Wedge 8-Cut (¼ C) Diced Pears (¼ C) 1% Unflavored Milk (1 C)	7 Turkey & Cheese Wrap (2M, 2G) Fresh Celery Sticks (¼ C) Fresh Pear (1 each) 1% Unflavored Milk (1 C)	8 Cheese Stuffed Breadstick w/Marinara (2M, 2 G) Green Peas (¼ C) Sweet Mixed Fruit (¼ C) 1% Unflavored Milk (1 C)	9 Classic Mac & Cheese (2M, 2G) Sliced Carrots (¼ C) Fresh Banana (1 each) 1% Unflavored Milk (1 C)	10 Breaded Chicken Tenders (2M, 1 G) Steamed Corn (¼ C) Juicy Mandarin Oranges (¼ C) 1% Unflavored Milk (1 C)
13 Cheesy French Bread Pizza (2M, 2G) Green Bell Pepper (¼ C) Diced Pears (¼ C) 1% Unflavored Milk (1 C)	14 Breaded Chicken Patty Sandwich (2M, 2G) Homemade Seasoned Beans Baked (¼ C) Fresh Grapes (¼ C) 1% Unflavored Milk (1 C)	15 Grilled Cheese Sandwich (2M, 2G) Cooked Mixed Veggies (¼ C) Banana (1 each) 1% Unflavored Milk (1 C)	16 Golden Chicken Corn Dog (2M, 2G) Steamed Corn (¼ C) Mixed Tropical Fruit (¼ C) 1% Unflavored Milk (1 C)	17 Whole Grain Pancakes w/ Apple Cinnamon Compote (2G, ¼ C Fruit) Juicy Sausage Patty (1 M) String Cheese (1 M) Country Style Chunky Hash Brown (¼ C) 1% Unflavored Milk (1 C)
20 No lunch provided Please bring student lunch!	21 No lunch provided Please bring student lunch!	22 No lunch provided Please bring student lunch!	23 No lunch provided Please bring student lunch!	24 No Program Happy Holidays!
27 No lunch provided Please bring student lunch!	28 No lunch provided Please bring student lunch!	29 No lunch provided Please bring student lunch!	30 No lunch provided Please bring student lunch!	31 No Program Happy Holidays!

- Alternate food choice: Sunbutter and jelly